



SEND

News

Issue 1

Welcome to our first SEND news! We hope you find this useful.

MARK YOUR CALENDAR

Mind Morning: Theme - Managing Anxiety

CREATING A **FREE** SPACE FOR ALL **PARENTS/CARERS** TO MEET, MINGLE AND NETWORK WITH OTHERS WHO CAN RELATE, WHILST ENGAGING WITH VARIED TOPICS, TO HELP LEARN NEW WAYS TO SUPPORT AND BETTER UNDERSTAND THEIR CHILDREN.

TO BOOK ON SCAN QR CODE BELOW
LIMITED SPACES AVAILABLE

SCAN HERE

**Monday
19th
Jan 2026**

9:15am -
11am

Beaconsfield
Family Centre
Beacon Close
HP9 1RJ

**Friday
30th
Jan 2026**

9:15am -
11am

The Gateway
Gateway Road
Aylesbury
HP19 8FF



**Read on to find
resources to help
you to support
your child this
Christmas**

Did you know?

Bucks SEND Local Offer provides information in one place for children and young people aged 0-25 with special educational needs and disabilities (SEND), their parents/ carers and professionals.

The Local Offer includes information on local services to help children, young people, parents and carers make choices about the support they receive.

Access the Local Offer here:

<https://familyinfo.buckinghamshire.gov.uk/send/>

You can also join Bucks SEND Local Offer private Facebook group here:

<https://www.facebook.com/groups/buckslocalofferandsend>

Autism Toolbox (found via the Local Offer)



The Parent's Portal
by Autism Early Support



Whether or not your child has an autism diagnosis, Bucks [Autism toolbox](#) will provide advice, and signpost you to support, services, and resources to help you to support your child.

A child does not need a diagnosis to access support. Most schools, colleges, and health services offer support based on need with or without a diagnosis.

The [Parent's Portal](#) by Autism Early Support (AES) provides free, dynamic online support and guidance services for families in Buckinghamshire.

Supporting children with SEND this Christmas

All the things that happen for Christmas are not what we normally do. Routines change, familiar places begin to look different with new lights and decorations being added and there is lots of noise and repetitive Christmas music to be heard.

Reachout ASC have a great [Christmas mapping document](#) which you may like to use to support your child as we head into the festive period.

Tree and decorations

Food and Clothing

Journeys and church

Gift giving and receiving

What we love about Christmas

Visitors and Family

Father Christmas

Reachout
Autism Support Consultants
Symbols ©Widgit2023

<https://reachoutasc.com/autism-and-christmas-teachers-are-you-ready/>
<https://www.autism.org.uk/advice-and-guidance/professional-practice/christmas-resources>

Social stories can also support children and help them to navigate specific situations. They can help to improve social understanding, reduce anxiety and build confidence. Read on to find some social stories you could use with your child.

Home



Having a good



Christmas Day



My name is _____

My family plan to celebrate Christmas together.

Christmas is an important celebration for some people.

At Christmas some people take time off work and school.

You can find both the home and school Christmas social stories on our website here:

https://www.hawridge-cholesbury.bucks.sch.uk/website/send_useful_resources/578662



Why is December



Different in School?



December can be a busy month.

Some things might be different at school.

This is because it is a special time of year.

School

