



Bikeability Training Level 1 (current Year 3)

Dear Parent/Carers,

Great news! We will be coming to your school to do Bikeability training with Year 3 (Year 4 in September 2026) on Friday 11th September.

The Bikeability Level 1 course helps children get more skilled and confident in riding their bikes in the playground and get them ready for cycling on the road. Riders **MUST** already be able to ride a bike - pedal and freewheel - to participate in this level.

Each child will require a roadworthy bike, a helmet, suitable clothing for spending up to 120 minutes riding a bike outside (e.g. A shower-proof coat if it's going to rain, gloves if it is cold) and secure flat shoes/trainers, water, plus other personal requirements e.g. Medication needs, sun cream, inhaler.

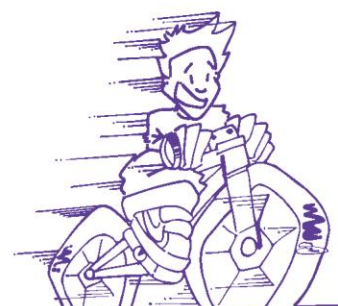
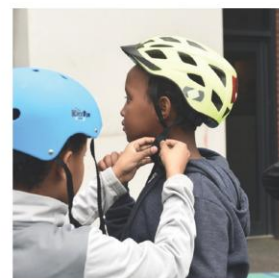
Cycles must be in a roadworthy condition which means both brakes are fully working, tyres are pumped up, gears (if present) operate as designed, the chain is properly lubricated.

The course costs £5. Places are limited, so will be on a first come, first served basis, we encourage early booking. Please sign up via the consent link or QR code below to secure your place. The payment will then be set up on Arbor for you to pay. The deadline to sign up via the consent form is Friday 10th July.

If you would like your child to take part, click on this link or scan the QR code:
<https://consent.bikeability.org.uk/steel-wage-cot>



Hawridge and
Cholesbury
CEJ School



Kind regards,

BeSpoke CI

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