



Having a good



Christmas Day



A Story



to Help

Having a Good Christmas Day

Story written and created in collaboration with Lynn McCann, Autism Specialist at Reachout ASC and author of 'Stories that Explain' published by LDA.

Web: <https://reachoutasc.com/>

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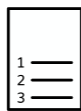
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My name is _____.



My family



plan



to celebrate



Christmas



together.



Christmas

is an

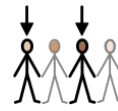


important



celebration

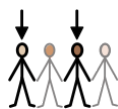
for



some people.



At Christmas



some people



take time off



work

and








school.




 Some people
 
 think
 
 Christmas
 is
 
 a lot of fun.

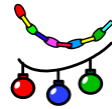

 Some people
 
 like
 
 Christmas
 to
 
 be quiet
 and
 
 calm.


 Some people
 
 don't
 
 celebrate
 
 Christmas.


 This is okay.



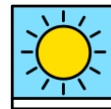
Many families have a Christmas Tree, decorations and presents.



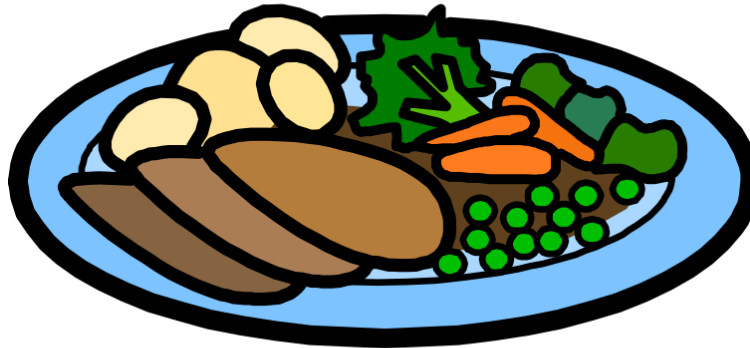
It can be difficult to have presents and not know what is inside.




I could open my presents in a quiet place.



I could open my presents on different days.











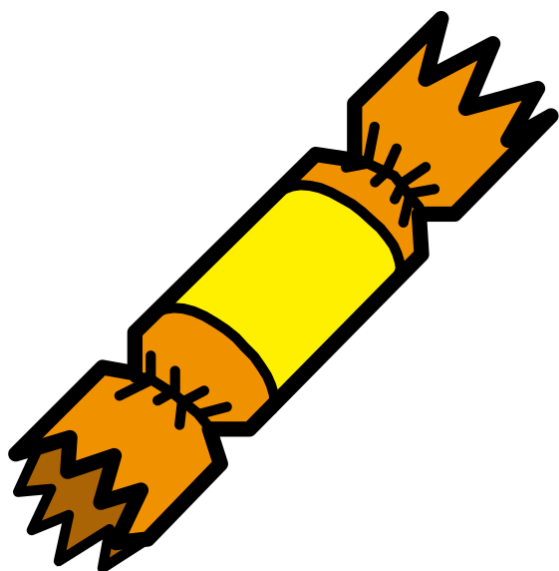
 might have a
 
 special
 
 Christmas
 
 Dinner.



 I might eat
 
 their
 
 special
 
 Christmas
 
 Dinner.



 I might eat
 
 my own
 
 dinner
 
 that
 I
 
 like.


 This is good.



I might



pull crackers,

but



I



don't



have to.



I might



wear a party hat

but



I



don't



have to.



I might



play games,

but



I



don't



have to.



I might



sing songs,

but



I





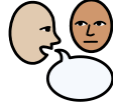



don't



have to.






 If anything at Christmas  upsets  me,  I can  tell  an adult.

 My adult  will  help me.

 We  might  make a list  of what will help.

 We  might  find  a quiet place  away from  the celebrations.

 Some things  will stay the same  at Christmas.