

ASPIRE ACADEMIES TRUST

SPRING/SUMMER MENU 2025



MENU UPDATE

Welcome to our Spring/Summer Menu 25, where we look forward to the better weather coming our way and the opportunity to introduce some new exciting Summer dishes.

This term we have introduced our Tex-Mex Thursday Menu, following feedback from the catering survey, and we have put a Summer spin on our weekly roast dinners. Pepperoni pizzas have returned following pupil demand and our very popular pasta bar has stayed with some new sauce choices. Please let us know what you think once your children have tried these new dishes.

If you have any questions regarding the new menu, please contact your school office or our catering manager Annie Sillars at asillars@aspireacademies.org.uk.

FREE SCHOOL LUNCHES Are you eligible?

Yes there is such a thing!

A saving of up to £12.90 per child per week.....that is around £490.00 per child per year.

If your child is in Year 3, 4, 5 or 6 and you are in receipt of benefits, your child could be entitled to free school meals.

If your child is in Reception, Year 1 or 2, school meals are free for all children and funded by the Government's Universal Free School Meals Grant. Even though the meals are free, we would encourage any family in receipt of benefits to apply for free school meals. This will enable the school to access additional funding for your child e.g. pupil premium. To apply simply follow the instructions above.

How to apply

Website: [Free School Meal and Pupil Premium Application Form](#)

SPECIAL DIETS OR ALLERGIES

No problem...simply contact your school office who will advise you about our broad range of menu options that cater for all the below. Alternatively, contact Annie Sillars our Catering Manager who can discuss complex dietary needs/allergies in more detail.

GF - Gluten Free

DF - Dairy Free

VG - Suitable for Vegans

V - Vegetarian

H - Halal

P - Pescatarian

All of our menus are nut free.

WEEK ONE: 22nd April, 12th May, 9th June, 30th June, 21st July, 1st Sept, 22nd Sept, 13th Oct



MONDAY

Fish Fillet with
Wedges or Pasta
GF DF H

Cheese & Pesto Pinwheel,
Wedges or Pasta V H

Jacket Potato with various
toppings GF DF V VG

Cheese or Ham Roll

TUESDAY

Pasta Bar
Carbonara Sauce
or

Herbie Tomato Sauce
Served with Garlic Bread
V VG H

Jacket Potato with various
toppings GF DF V VG

Cheese or Chicken Wrap

WEDNESDAY

Roast Chicken, Yorkshire,
Stuffing and Roast Potatoes
GF DF H

Quorn Pieces, Yorkshire,
Stuffing & Roast Pots V VG H

Jacket Potato with various
toppings GF DF V VG

Cheese or Ham Bap

THURSDAY

Chicken Enchiladas
with Rice or Wedges H

Vegan Meatballs in Marinara
Sauce, served with Pitta Bread
& Rice GF DF V VG H

Jacket Potato with various
toppings GF DF V VG

Cheese or Tuna Baguette

FRIDAY

Hot Dog with
Chips or Pasta GF DF

Quorn Hot Dog with
Chips or Pasta V VG H

Pizza Swirl with
Chips or Pasta
DF V VE H

Cheese or Egg Sub

WEEK TWO: 28th April, 19th May, 16th June, 7th July, 8th Sept, 29th Sept, 20th Oct

MONDAY

BBQ Chicken Fillet
with Rice or Pasta
GF DF H

Summer Pasta Bake with
Garlic Bread GF DF V VG H

Jacket Potato with various
toppings GF DF V VG

Cheese or Ham Baguette

TUESDAY

Cheese & Chorizo Pinwheel,
Diced Potatoes or Pasta

Roasted Vegetable Frittata,
Diced Potatoes or Pasta
GF V H

Jacket Potato with various
toppings GF DF V VG

Cheese or Tuna Wrap

WEDNESDAY

Honey Glazed Gammon,
Yorkshire & Roast Pots GF DF

Vegetarian Sausages with
Yorkshire & Parmentier
Potatoes V H

Jacket Potato with various
toppings GF DF V VG

Cheese or Chicken Sub

THURSDAY

Tortilla Beef Stack
with Garlic Bread H

Veggie Nuggets with a choice
of Dipping Sauces, Wedges or
Pasta GF DF V VG H

Jacket Potato with various
toppings GF DF V VG

Cheese or Ham Bloomer

FRIDAY

Pepperoni Pizza with
Chips or Pasta GF

Margherita Pizza with Chips or
Pasta GF H V VG

Vegan Fishless Fish Fingers
with Chips or Pasta
DF H V VG

Cheese or Egg Roll

WEEK THREE: 5th May, 2nd June, 23rd June, 14th July, 15th Sept, 6th Oct

MONDAY

Salmon Fish Fingers
with Wedges or Pasta
DF H

Macaroni Cheese
with Herby Bread V H

Jacket Potato with various
toppings GF DF V VG

Cheese or Ham Bap

TUESDAY

Sausage Plait with Mash Potato
or Pasta

Quorn Fillet with BBQ Sauce,
Mash Potatoes or Pasta
DF V VG

Jacket Potato with various
toppings GF DF V VG

Cheese or Chicken Wrap

WEDNESDAY

Summer Roast Chicken
Traybake with Baby New
Potatoes GF DF H

Cheese, Broccoli & Potato Bake
with Yorkshire Pudding V H

Jacket Potato with various
toppings GF DF V VG

Cheese or Tuna Bloomer

THURSDAY

Tex-Mex Ground Beef Taco
with Rice or Diced Potato H

Mediterranean Vegetable
Quiche with Rice or Diced
Potato V H

Jacket Potato with various
toppings GF DF V VG

Cheese or Ham Baguette

FRIDAY

Cheese Burger with
Chips or Pasta DF

Veggie Burger with
Chips or Pasta V VG H

Pizza Wrap with
Chips or Pasta
DF V H

Cheese or Egg Sub

All meals served throughout the week come with seasonal vegetables, salad bar and pudding selection or fruit. GF, DF, V, VG, NF rolls available daily