

Do you have a worrying or troubling thought about returning to school? Why not click on the monster above and it will take you to a place where you can write it down (A Survey Monkey website) and feed it to the Hawridge & Cholesbury Worry Monster. Sometimes writing down a trouble can really help you feel better.

Mrs Davey & Mrs Woodward will be checking in with the Worry Monster from time to time and if they have an answer to your worry then they will pop it on the 'frequently asked questions' document under the Covid-19 SENDCO and Well-being tab on the school website. It may be worth checking there first in case you worry has already been thought about!