



SEND

News

Issue 2

Welcome to our Spring term 2026 SEND news!

EBSNA

Worrying or anxiety is a normal feeling that we all experience from time to time. It can even keep us safe from harm or help us perform in difficult situations. However, sometimes anxiety or excessive worrying can become a problem especially when it stops someone doing what they want or need to do.

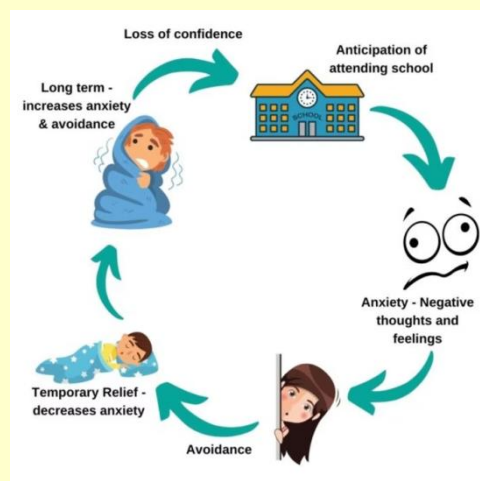
Sometimes anxiety and worries may lead to difficulties attending school. If your child has high levels of anxiety and does not want to attend school, they may be experiencing what is known as Emotionally Based School Non-Attendance (EBSNA). EBSNA is also known as Emotionally Based School Avoidance (EBSA).

[Click here to find out more](#)

EBSNA is not:

- truancy
- deliberate non-attendance.
- refusal to attend school

Read on to find resources to help you to support your child over the Easter holiday



Did you know?


All children in Windmills and Year 1 undertake speech and language assessments to help us identify early any speech and language difficulties. For these assessments, Buckinghamshire Council provide us with the Speech Link and Language Link toolkit.

Speech & Language Link also have an award-winning speech and language support website that is free for parents, carers and families. The Parent Portal provides ideas and advice, information and activities for developing your child's understanding, talking and listening in a way that works for all of your family.

Speech & Language Link


Take me to
the Parent
Portal

SPEECH & LANGUAGE
Parent Portal



iSEND Support Line

Information for Parents/Carers



The support line has been developed to make it easier for you to make contact with the iSEND teams and is open to parents and carers of any child or young person with a SEND need. Your call will be answered by a Specialist Teacher, an EHC Co-ordinator (EHCCo) or an Educational Psychologist.

We look forward to talking to you!

What does this service offer for parents and carers?


- Single point of contact with Buckinghamshire iSEND Education Teams
- Signposting, information and advice for Special Educational Needs and Disabilities (SEND)
- Guidance on using the Buckinghamshire Local Offer

When can I contact?

The phone line is open Monday to Friday 10:00am to 4:00pm term time and reduced hours during the holiday periods. We are also open from 4pm until 6pm on Tuesdays.

How do I make contact?

Phone 01296 382135



Walking With You

A parent led support group hosted by Oxfordshire CAMHS



Walking with You is a parent led support group for anyone supporting children and young people (up to the age of 25) who are experiencing mental health difficulties.

You can take part discussing shared experiences with other parents and carers as well as having mental health professionals from CAMHS on hand to support and answer any questions you may have.

The sessions are being run over Teams and you can join or leave at any point (meetings are not recorded).

Next session:

Monday 27 April

Topic: Emotional Dysregulation and Physical Aggression at home

Time: 10.00am to 11.30am

Where: Online via Microsoft Teams


If you would like to join one of these sessions or would like further information, please contact our Participation Lead, Roxy Uritescu.


roxy.uritiescu@oxfordhealth.nhs.uk


Supporting children with SEND this Easter


We have created an Easter holiday social story ([click here](#)) which you may like to use to support your child as we approach the end of term.


Social stories can support children and help them to navigate specific situations. They can help to improve social understanding, reduce anxiety and build confidence.


 **Easter holiday**


 I go to school during the week.


 At the weekend there is no school.


 When it is the Easter holidays - school is closed. I do not go to school.

 In the Easter holidays I stay at home.


 It is the Easter holidays for the next two weeks.







 I will go to school again on Monday 13th April.

 My family will help me to choose fun things to do in the Easter holidays.

 My teachers will be happy to see me when the Easter holiday is finished.

Widgit have also created a lovely Easter planner that you may also wish to use to support your child's routine over the holiday. Just ensure you scroll through the resource to find the planners for the correct dates! Click on the planner below to find the resource on our website.

 Easter Holiday Planner

	 30 th Monday 30th	 31 st Tuesday 31st	 1 st Wednesday 1st	 2 nd Thursday 2nd	 3 rd Friday 3rd	 4 th Saturday 4th	 5 th Sunday 5th
am							
pm							

Made in InPrint www.widgit.com/inprint Widgit Symbols © Widgit Software 2002-2025

