



'Ride with Confidence' PSA cycling event

Saturday 17 September 2022 from 11.00am – 3.00pm

Welcome back to the new academic year! We are looking forward to our first event of the year, our "Ride with Confidence" cycle event on Saturday 17 September from 11.00am – 3.00pm.

Cycle Ride

- This cycling event is aimed at young riders and their families and friends to go out on their bikes and enjoy our beautiful surrounding area. The cycle ride starts from the school gates, and will take 45 mins to 1 hour, depending on age and ability and is on quiet, secluded roads.
- There will be an option of an accompanied ride which will be guided by a seasoned cyclist who will offer advice and encouragement to all young participants or if you'd prefer to go out as your own group, that's fine too! We have a route map and directions you can follow.
- For all riding options at least 1 adult must accompany their child/children and all young riders must wear a helmet.
- Before going out on the ride, participants will take part in a cycle safety scavenger hunt on the school field – picking up road safety advice.
- If you pre-register by emailing Hawridgepsa@hotmail.com you can request your preferred half hourly time slot between 11am and 2pm for the accompanied ride. Registration on the day will also be accepted. All riders will need to fill out the attached disclaimer form prior to the ride.
- To assist with logistics, the school is offering an area to drop off and leave bikes at pick up on Friday 16th in case you do not have a bike rack and cannot accommodate both bikes and children in your car on the Saturday. You will need to use your own lock and this will be at your own risk.
- The ride entry fee is £5 for unlimited family members, payable on the day.

Fete for everyone!

- This event isn't just for cyclists as there will be stalls on the school field too!
- We have fun games for the children including a bouncy castle, splat the rat, hook the duck, face painting and kids' tattoos.
- There will also be drinks and cakes so bring a blanket and chill out with friends!
- For our cake stand we would love to accept cake donations at pick up on Friday 16th September or Saturday morning (no nuts please).
- For anyone not participating in the bike ride the entry fee is 50p per adult.

If you have any questions, please ask a member of the PSA or your class rep.

PSA Cycle Event Saturday 17 September 2022

Disclaimer

I understand and agree that my participation in the Hawridge and Cholesbury PSA cycle event is conditional upon my execution of this document.

1. I am aware that cycling, and in particular road cycling, involves the possibility of injury or death.
2. I understand that all applicable rules for participation must be followed and that **SOLE RESPONSIBILITY FOR ME AND MY FAMILY'S PERSONAL SAFETY REMAINS WITH ME**, including our physical and emotional preparation and fitness to participate in this.
3. I am aware that this event is being held on **OPEN PUBLIC** roads and the Organisers cannot be held responsible for actions, accidents or incidents caused by other road users.
4. I undertake and agree to remove myself from participation if I sense or observe any unusual hazard or unsafe condition, or if, during the event I feel unable or unfit to safely continue for any reason.
5. I give, a **FULL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS** that I have, or may have in the future, against The Organisers from all liability for any loss damage, injury or expense that I may suffer as a result of my participation in any part or parts of this event or my presence at any venue at which they may take place, due to any cause whatsoever including any form of negligence.
6. I understand that the rules of the Highway Code **MUST BE FOLLOWED** at all times.
7. I am aware that road awareness and safety of myself and other road users **MUST BE MY PRIMARY CONCERN** at all times.
8. I understand it is my responsibility to ensure I am physically and mentally fit to take part in this event , if I suffer from any medical condition or illness that may affect my fitness or ability to take part in this event it is my personal choice to take part and the Organisers accept **NO LIABILITY** for exacerbating my condition or any ill affects I may suffer during or after the event.

With my signature I agree that I have read and fully understood the above

Signed _____

Name _____ and on behalf of (children's names)

Date _____

Emergency contact details:

Name _____ Phone number: _____

Preferred time slot (if possible) for accompanied bike ride (if you choose this option): ____