



## HAWRIDGE & CHOLESBURY CHURCH OF ENGLAND SCHOOL

Headteacher: Mrs Rosie Phillips

Hawridge, Chesham, Buckinghamshire HP5 2UQ | 01494 758368 | [office@hcschool.uk](mailto:office@hcschool.uk) | [www.hawridge-cholesbury.bucks.sch.uk](http://www.hawridge-cholesbury.bucks.sch.uk)

**RESPECT - UNDERSTANDING - PEACE - HONESTY - RESPONSIBILITY - TEAMWORK**

9<sup>th</sup> June 2022

Dear Parents

### **Year 6 Sex and Relationship Education**

As part of the PSHE curriculum, and in preparation for secondary school, we will be teaching Sex and Relationship Education (SRE) lessons to our Year 6 children. This will be a sequence of four lessons that will start on Friday 17<sup>th</sup> June and finish the following week.

To keep you informed about what we will be covering and to enable you to discuss these lessons with your child at home, we have provided an overview of what will be taught in each lesson below. We will be using resources provided by the Christopher Winter's Project and these are available to view on our website.

#### **Lesson 1**

To consider puberty and reproduction (recap lesson)

Learning Outcomes:

- Describe how and why the body changes during puberty in preparation for reproduction
- Talk about puberty and reproduction with confidence

#### **Lesson 2**

To explore the importance of communication and respect in relationships

Learning Outcomes:

- Explain some differences between a healthy and unhealthy relationship
- Know that communication and permission seeking are important in relationship
- Understand what constitutes appropriate and inappropriate touching

#### **Lesson 3**

To consider different ways people may start a family

Learning Outcomes:

- Describe the decisions that have to be made before having children
- Know some basic facts about conception, pregnancy and how a baby starts

#### **Lesson 4**

To explore positive and negative ways of communicating in a relationship

Learning Outcomes

- Consider when it is appropriate to share personal/private information in a relationship
- Know how and where to get support if an online relationship goes wrong
- Understand what constitutes inappropriate language on social media or gaming sites

If you would like any further information or you have any questions regarding these sessions, please contact the school office and we will be in touch.

Thank you for your continued support.

Kind regards

Mrs Morris and Mrs Kretschmer