



## HAWRIDGE & CHOLESBURY CHURCH OF ENGLAND SCHOOL

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Headteacher: Mrs Rosie Phillips

26<sup>th</sup> June 2018

Dear Parents

### **Sex Education - Year 5**

This half term we will be covering sex education during PSHE / Science lessons. The purpose of these lessons is:

- To be aware of the feelings and emotions they may experience during puberty and consider how to cope with these.
- Preparing the children for adult life and discussing physical hygiene.
- Provide accurate information about how the body works, how their bodies will change and sexual reproduction.

How does it fit into the National Curriculum?

Science - human body/reproduction. PSHE – feelings, relationships, body changes.

Sessions will involve looking at video clips and discussion in the form of paired and small group activities such as sequencing stages of development or sorting changes during puberty into male/female/both. The video clips we are going to use can be found by googling: 'BBC education growing up and puberty videos'. When you are on this page, scroll down to find: (these clips are all cartoon style)

1. Growing pains (cartoon featuring Monica)
2. Having words (cartoon featuring Tony)
3. Oh no it's BO – (second page to find cartoon featuring Gabriel)
4. Sticky Situation (second page to find cartoon featuring Gabriel) boys only taken by Mrs Gale,
5. Gabriel's Ups and downs –(cartoon featuring Gabriel) boys only taken by Mrs Gale,
6. Girls only party (scroll down to cartoon featuring Monica ) girls only taken by Mrs Blackburn
7. Oh no! It's here. (scroll down on second page to cartoon featuring Lara) girls only taken by Mrs Blackburn

One of the sessions will involve separating the girls and boys (see clips above). We will endeavour to answer most of the children's questions. There may be occasions when we would refer them back to you if we feel their question is not suitable for the majority of the group. Also attached is a support sheet giving advice when talking about sex and relationships with your child.

You have the right to withdraw your child if you feel these sessions would not be appropriate. Please inform the office before Monday, 2<sup>nd</sup> July if you would like your child withdrawn from these lessons.

Kind regards,  
Mrs N Gale and Mrs S Blackburn