

Year 3/ Year 4 / Year 5/ Year 6

YOGA



Chill out, stretch out and find your inner strength with Yoga!

- Better self-image
- Strengthening & toning
- Reduce anxiety & stress
- Relaxation

Classes run from 16th September to 9th December 2019

Monday after School club

3.15-4.05pm

Cost £60 for 12 weeks

Limited spaces available. Places will be given on a first come first served basis.

Please text Irina on 07789 548526 or email (irinaboy35@gmail.com) to reserve a place for your child.
