

# **Hawridge and Cholesbury CE School**



## **PSHCE Policy**

**Personal, Social, Health, Citizenship Education**

**Date: July 2020**

# Review Date:

## **Personal, Social, Health, Economic and Citizenship Education (PSHCE)**

### **1. Wider school aims/ethos:**

This policy supports our school values of Respect, Responsibility, Peace, Honest, Understanding and Teamwork.

At Hawridge and Cholesbury C of E school we believe that the personal, social and health development of each child, in conjunction with their citizenship skills, has a significant role in their ability to learn. We value the importance of PSHCE and Citizenship in preparing children for the opportunities, responsibilities and experiences of adult life, including the importance of outdoor learning and how to look after the environment. In addition we believe that a child needs to learn about the many emotional aspects of life and how to manage their own emotions further supported by Behaviour policy. We are also aware of the way that PSHCE supports many of the principles of Safeguarding (See Safeguarding Policy).

### **Definition of PSHCE**

Personal, Social, Health, Economic and Citizenship Education is a distinct curriculum subject and has both statutory and non-statutory elements as defined by the DfE. High quality PSHE education supports pupils' personal, social, health and economic development, helps to give them the knowledge, skills, strategies and attributes to make informed choices and decisions about the different opportunities and challenges life presents. Pupils will learn about relationships, health and wellbeing, keeping safe, managing their off and online lives, living in the wider world and financial education at an age appropriate level. Providing a high quality PSHCE curriculum gives pupils opportunities to explore issues that are real and relevant to them in their daily lives in a safe and managed environment.

### **2. The aim of this policy is to:**

- Provide information to staff, parents and carers, governors, pupils and other agencies regarding the organisation, content and approach to teaching PSHCE Education
- Help parents and carers to understand PSHCE Education and support them to work with their child to secure the very best outcomes for all pupils
- Demonstrate how the school meets legal requirements with regards to teaching Relationships Education, Sex Education and Health Education.

### **3. Legislation**

At Hawridge and Cholesbury C of E we teach the statutory parts of PSHCE – Relationships education and Health Education through our PSHE curriculum. We also teach non statutory Sex Education as part of PSHCE provision (please see our Sex Education policy).

The Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education and Relationships and Sex Education (RSE) compulsory for all pupils receiving secondary education. They also make Health Education compulsory in all schools except independent schools.

We comply with the 'Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance issued by the DfE

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/805781/Relationships\\_Education\\_Relationships\\_and\\_Sex\\_Education\\_RSE\\_and\\_Health\\_Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/805781/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

Whilst primary schools are not mandated to provide sex education, we offer this as part of our PSHCE curriculum in addition to the statutory elements of sex education contained in the science curriculum (beginning September 2020). We are required to have regard to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996.

We follow the DfE guidance for teaching PSHE (updated June 2019)

<https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe/personal-social-health-and-economic-pshe-education>

It is the statutory responsibility of the governing body to ensure the school has a compliant and up to date Relationships and Sex Education policy.

#### **4. The curriculum**

##### **Intent - Aim**

*Why do we teach it?*

We aim to provide high quality PSHCE provision that will support pupils to develop life skills which will enable them to manage change, make healthy and safe choices, build character and be resilient, reflective and responsible members of society.

Our PSHCE provision has been designed to be age appropriate, whilst being sensitive to the needs of our whole school community to ensure PSHCE provision gives our pupils an education which will support them both now and in the future.

Our PSHCE provision is underpinned by the 2010 Equalities Act and provides an inclusive curriculum that promotes understanding and mutual respect for all. We reflect diversity within our curriculum to ensure that no pupil feels excluded and teach pupils to understand, respect and celebrate difference and challenge stigma.

Our PSHCE provision extends beyond the curriculum and includes themed days / weeks, assemblies and fully supports our school's ethos and values. PSHCE is part of our school's broad and balanced curriculum supporting spiritual, moral cultural, social and cultural education, citizenship, equalities, and safeguarding.

The personal, social, health and economic development of our pupils is a vital element of education and we aim to work collaboratively with parents/ carers to ensure our children are well informed and supported to make healthy , safe and positive choices in all aspects of their daily lives.

##### **Implementation**

*What, where and when is PSHE taught*

##### **What**

At Hawridge and Cholesbury C of E school statutory Relationships Education and Health Education are taught as part of a structured PSHCE curriculum. We also teach Economic Education and relevant themes to support our pupils to manage their lives both now and in the future.

At Hawridge and Cholesbury C of E school we use the PSHE Association's scheme of work for the planning and delivery of PSHE. We are using the PSHE Association programme of study the programme of study is adapted to provide a relevant and age appropriate curriculum. We also use Christopher Winter, as part of the provision. We provide a spiral curriculum to ensure pupils are taught key aspects of PSHCE at a relevant and age appropriate level and in line with their continuing personal, social and emotional development.

## **Relationships Education**

Our PSHCE curriculum covers statutory Relationships education (please see Relationships policy for further details). Relationships Education In primary schools focuses on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and adults. By the end of primary school pupils will have been taught content on:

- Families and people who care for us
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Pupils will be taught Relationships Education from year 1 at an age appropriate level .Further details on what we are required to teach can be found in appendix 2 (DfE Relationships outcomes)

## **Sex Education**

As part of our PSHCE provision we teach sex education. This is an important and recommended aspect of the curriculum. As a non-statutory element of PSHCE parents / carers have the right to withdraw their child from designated sex education lessons. We encourage parents and carers to talk through any concerns they may have and make an informed choice about whether to exercise the right to withdraw their child. Please see our sex education

## **Health Education**

We deliver statutory Health education through our PSHCE curriculum. Health Education aims to teach pupils about physical and mental wellbeing and give pupils the information that they need to make good decisions about their own health and wellbeing. It should enable them to recognise what is normal and what is an issue with regards to themselves and others; pupils will be taught how to seek support as early as possible and from a safe and trusted source. By the end of primary school, pupils will have been taught content on:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Facts and risks associated with drugs, alcohol and tobacco
- Health prevention
- Basic first aid
- Changing adolescent body\*

\*The changing adolescent body and puberty education is part of the statutory Health Education curriculum and is mandatory for all pupils. We teach the correct scientific names of all body parts from PSHCE Policy

reception. A list of key vocabulary can be found in appendix 3. (This is will be added once we purchase the scheme once schools are open again) Introducing the scientific names of genitalia is recommended by the NSPCC , the PSHE Association and is recognised good practice, supporting the safeguarding of pupils.

DfE outcomes for Health Education can be found in appendix 2

### **Living in the wider world/Economic Education**

Our PSHCE curriculum covers Economic Education and Living in the Wider World. Pupils will learn about

- Managing money
- Education
- Careers
- Climate change
- Rights and responsibilities
- Community
- Respect
- Volunteering
- Decision making

### **When / How**

Across the school 2.5% of curriculum time is allocated to PSHE. This amounts to about 20 hours at Key Stage 1 and 22 hours at Key Stage 2 per year.

Time allocated for some parts of the teaching of sex, drug and some health education is accounted for in the teaching of science at both Key Stages.

The PSHCE curriculum has been designed to help pupils develop their knowledge and skills over time, embedding learning to ensure pupils receive a relevant and age appropriate education to support them in their lives now and in the future.

### Managing difficult Questions and confidentiality

In PSHCE pupils learn about personal safety and the law. Should a pupil make a disclosure to a member of staff this will be reported to a designated safeguarding lead and followed up in accordance with our disclosure procedures. Please see our safeguarding policy on the school website for further information.

All aspects of PSHCE are underpinned by shared and understood ground rules with lessons being delivered in a safe and well managed environment . To ensure the content and delivery of PSHCE education is appropriate and relevant to our pupils we use simple baselines to ascertain what pupils already know, and what they would like to learn. Distancing techniques are used in PSHE education, which provide depersonalised examples which support children to explore what is being taught without sharing their own personal experiences in the lesson. Pupils are encouraged to ask questions and raise issues in a respectful and appropriate manner. Some questions or issues raised may not be appropriately answered in whole class lessons and these will be followed up separately on an

individual or group basis. Given ease of access to the internet, children whose questions go unanswered may turn to inappropriate sources of information.

We also respect that some questions are better addressed at home with parents/ carers and the school will share information with parents/carers on an individual basis should the need arise.

Whilst it is vital to have trust and openness we cannot offer total confidentiality to pupils. Any disclosures or areas of concern will be followed up in accordance with our safeguarding procedures

### **Impact**

- PSHCE provision provides pupils with well-chosen opportunities and contexts to explore and embed new knowledge that can be used confidently in real life situations
- Pupils are able to form healthy, happy relationships with other children and adults and recognise the features of unhealthy relationships and have strategies to challenge negative behaviour of others and seek help when needed
- Pupils know how and when to ask for help and where to access support
- Pupils are well informed and recognise the risks they may encounter both on and off line and are able to make safe choices
- Pupils are enabled to take responsibility for their actions and understand the implications and consequences of their own decisions
- Pupils are well prepared for the next steps of their lives
- Pupils have the knowledge, skills and attributes to live healthy, happy lives
- Pupils understand and respect differences between themselves and others

## **5. Roles and Responsibilities**

The Governing Body will approve the policy and hold the Headteacher to account for its implementation. The governor for PSHCE is responsible for meeting once a year with the PSHE leader, for discussing subject strengths and areas for development, and for reporting these to the governing body. The governor with responsibility for PSHCE is primarily responsible for monitoring the implementation of this policy. This will be through annual discussion with the subject leader and consideration of the evidence included in the subject leader portfolio. The governor will report on this to the curriculum committee annually. The work of the subject leader will also be subject to review by the Headteacher as part of our performance management arrangements.

The Headteacher is responsible for ensuring PSHCE is taught consistently across the school and for managing requests with regards to the parental right to withdraw from non-statutory Sex Education.

The PSHCE lead is responsible for leading and managing the subject. Teachers are responsible for delivering PSHCE.

Pupils are expected to fully engage with PSHCE provision and treat others with respect.

## **6. Monitoring , evaluation and training**

- PSHCE provision will be monitored and evaluated by the PSHCE lead, SLT and Governors in line with the monitoring cycle agreed by the school .The PSHCE policy will be reviewed annually .

- To ensure staff are confident to deliver all aspects of the PSHCE curriculum, access to online, in school, local and national training will be made available and in accordance with the school's CPD programme for staff development

## **7. Assessment:**

Teachers maintain a record of progress in pupils' personal and social development. A brief entry is made for each pupil each term to aid with planning when required.

Due to the nature of the topics being discussed any safeguarding concerns or conversations during the sessions should be recorded (see safeguarding policy).

Teachers assess the pupils' responses to the tasks set in planned activities; also their responses in other lessons and across the school day, in the correct format.

## **8. Working with parents**

It is vital that parents and carers know what is being taught and how to support their child/children. The PSHCE curriculum overview is published on the school website along with the PSHCE policy, and RSE or Relationships policy and Sex education policy.

We consult with parents, carers and the wider community (faith leaders, champions for local causes etc ) through Parent Forums to provide an ongoing process to ensure we all work together for the greatest benefit of the children. We understand that parents and carers may wish to approach the school to access help with concerns they may have about their child and where they can go to obtain further support.

Our PSHCE policy can be found on the school website. We welcome and encourage parents and carers to make an appointment with the class teacher or the Headteacher to discuss any aspect of the PSHCE curriculum or to raise any concerns they may have regarding this vital area of education.

Parents and carers are **only** entitled to withdraw their child from designated Sex education lessons (please see the Sex education policy for further details) and there is no right to withdraw from PSHCE which includes statutory Relationships Education and Health Education . The science curriculum also includes content on human development, including reproduction, for which there is no right to withdraw from. We highly recommend all students receive the full PSHCE curriculum.

## **9. Linked policies**

Safeguarding

Anti - Bullying Policy

Relationships Education Policy/RSE policy

## **10. Policy development**

### **Consultation:**

- Staff
- Pupils

- Parents
- Governors

*This policy was written by Saddam Ghaffar, PSHCE, in consultation with:*

- Carol Stottor PSHE Lead for Public Health BCC
- *Teaching staff –*
- *Pupils – school council discussion*
- *Governors – full governing body meeting,*



## **Appendix 1**

PSHE Curriculum overview **This will be included soon**

## **Appendix 2**

DEF information from statutory guidance

Relationships – primary

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>

Health education (the DfE has not separated this into Primary and Secondary)

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/physical-health-and-mental-wellbeing-primary-and-secondary>

DfE Guide for parents

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/812593/RSE\\_primary\\_schools\\_guide\\_for\\_parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf)

**Appendix 3** **Key vocabulary** (This is will be added once we purchase the scheme once schools are open again)